YOUR MEMBER HANDBOOK HAS BEEN CHANGED TO UPDATE SOME SERVICES

Behavioral Health Community Oriented Recovery and Empowerment (CORE) Services.

Starting **February 1, 2022**, four Adult Behavioral Health Home and Community Based Services (BH HCBS) will be changing to Community Oriented Recovery and Empowerment (CORE) Services. SelectHealth from VNSNY CHOICE will cover CORE Services. You can use your SelectHealth plan card to get these CORE Services.

New York State is making this change because CORE Services are easier to get than BH HCBS. Eligible members can get CORE Services through a recommendation from a qualified provider.

The services moving from BH HCBS to CORE Services are:

**Psychosocial Rehabilitation (PSR)**
This service helps with life skills, like making social connections; finding or keeping a job; starting or returning to school; and using community resources.

**Community Psychiatric Supports and Treatment (CPST)**
This service helps you manage symptoms through counseling and clinical treatment.

**Empowerment Services – Peer Supports**
This service connects you to peer specialists who have gone through recovery. You will get support and assistance with learning how to:

- live with health challenges and be independent,
- help you make decisions about your own recovery, and
- find natural supports and resources.

**Family Support and Training (FST)**
This service gives your family and friends the information and skills to help and support you.

What are the changes from BH HCBS to CORE Services?
These CORE Services are almost the same as they were in BH HCBS. There are two changes:

1. You now have more options for services to support goals related to work and school. You can work with a CORE PSR provider to help you:
   - get a job or go to school while managing mental health or addiction struggles;
   - live independently and manage your household; and
   - build or strengthen healthy relationships.

2. Short-term Crisis Respite and Intensive Crisis Respite are now called Crisis Residential Services and are still available.
Thank you for your membership with SelectHealth. Anytime you have questions about your plan, we’re here to help.

1-866-469-7774 (TTY: 711)
8 am – 6 pm, Monday – Friday

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